



Lite Bite Breakfast Menu

STARTERS:

Choose from the following for £1.05 each

- Juices:** Orange Juice *or* Cloudy Apple Juice
- Dorset Cereals:** Oat Granola *or* Simply Fruity Muesli
- Kellog's:** Cornflakes *or* Crunchy Nut *or* Coco Pops
- Yeo Valley Organic Yoghurts:**
 Blueberry *or* Strawberry *or* Vanilla *or* Greek Style
- Fresh Fruit:** Mixed Fresh Fruits *or* ½ Grapefruit (+ *or* – sugar)

WARM DRINKS: £3.25

One individual portion included in each chosen breakfast

Adagio Artisan Loose Leaf Breakfast Teas:

1. English 2. Irish 3. Scottish

Clipper Teas:

1. Green Tea 2. Decaf Tea

Clipper Infusions:

1. Camomile 2. Peppermint 3. Red Bush

Ground Coffee:

1. Filtered Coffee 2. Cafetière 3. Decaf Coffee
 4. Cappuccino 5. Café Latte 6. Latte Macchiato





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CONTINENTAL-STYLE & LITE-BITE BREAKFASTS

1. Continental Lite: Toasted white or brown sourdough bread, Choice of 2 Claire's Handmade preserves (cf. list below) Butter or Cream Cheese Light (£6.95)
2. Two boiled eggs and 2 preserves of choice – served with croissant and white or brown sourdough toast (GF if ordered in advance) (£7.50)
3. Organic Porridge made with organic or oat milk or water and served with pumpkin seeds, raspberries, blueberries and honey or maple syrup (V/VG) (£7.50)
4. White or brown sourdough toast with 2 poached or scrambled eggs (£7.50)
5. Toasted Plain Bagel or Toasted Sourdough Bagel served with butter or light cream cheese plus:
 - a. *Either* 2 poached eggs *or* 2 rashers of bacon *or* 1 poached egg and 1 rasher of bacon (£9.95)
 - b. *Or* Choose with 2 poached eggs and 2 rashers of bacon (£11.95)

White or brown toast extra served on request

N.B. Gluten Free sausages and Schär GF bread served where ordered in advance

CLAIRE'S HANDMADE PRESERVES - Local produce:

Jams:	Apricot	Blackcurrant	Morello Cherry	Raspberry	Raspberry Seedless	Strawberry
Marmalades:	Thin Cut	Thick Cut	Cumberland Thick Cut	Orange & Ginger	Pink Grape - fruit & Ginger	